

A
KAWAIBUDO SCOPES

FORMS

POETRY
SCHOOL

A KALEIDOSCOPE OF FORMS

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A KALEIDOSCOPE OF FORMS

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Jennifer Roche
Małgorzata Walec
Melpomeni Kermanidou
Sandra Haji-Ahmed

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BIOGRAPHIES

ISABELA MONTELLO was born in Brazil. She lives and works in France. Her poems appeared in the UK and Brazil in *zarf*, *Só a poesia salva* (Primata), *I & II Jornada de Poesia Visual*, *Instagramável* and *Publicar é um direito* (TAUP). Her first poetry collection was published in Brazil by TAUP. She's interested in creating new forms.

MELPOMENI KERMANIDOU is a performance artist, poet, composer and producer. She has made three albums and co-authored a book of poems and artwork. Although she has moved around the underground for many years, she is ready to come up for air. Her works concentrate on the human condition, the feminine and the possibilities of the universe. At times transcendental and others chillingly stark, her emotive pieces are timeless.

MAŁGORZATA WALEC is a Poland-born, London-based graphic designer, illustrator, and children's poet. In her work she combines simplicity with innovative thinking.

JANE SLAVIN works as a communications officer for Plymouth City Council. In her little spare time she likes messing around with words - word fanning. She has contributed poems to the much-missed Poetry24 site and has appeared in *Shooter magazine*, as well as an anthology by a bunch of word birds from Devon. Performed as part of Apples and Snakes, as well as other poetry gigs, she was commended in the National Poetry Prize in 2017 and won some actual money! She also sings in a band very very occasionally. Married to a builder, has two cats and like the rest of the world, is now trying to wean herself off doom scrolling on her iPhone.

JENNIFER ROCHE is a collage artist, poet, and writer who lives and works in Chicago. Her work uses experimental techniques to explore ideas of humanity, power, and language. She has published two chapbooks of experimental poetry and nonfiction: *20,,* a book of poems erased from Jules Verne's *20,000 Leagues Under the Sea* (Alternating Current Press) and *The Synonym Tables* (The Poetry Question). Instagram: @typetypeglue

SANDRA HAJI-AHMED was born in Trinidad and Tobago and has lived in east and southern Africa which has influenced the perspectives in her writing. She currently resides in New York, USA.

ERASURE POETRY

Handwriting is better for your brain than typing



I told you so!
I knew it!

Tapping a key on a keyboard requires less brain power than forming the shape of the letter by hand with a pen.

Scribbling in felt-tip pen is a more powerful activity than the power of handwriting. Why? Because it's slower than the speed of traditional penmanship.

Neuroscientists have discovered that handwriting trumps typewriting for a boost for the brain, urging teachers to ensure that penmanship remains a core part of teaching. Typing has become a more common mode of communication.

The skill and concentration needed to form the shapes of letters while writing with a pen or pencil sparks a far greater complexity of connections within the brain than simply tapping the correct keys on a keyboard, according to a study by researchers at the Norwegian University of Science and Technology.

The scientists examined brain activity while people were writing by hand with a pen and compare it with activity when they were typing on a computer keyboard. They were specifically looking at the degree of "brain connectivity" observed during each activity. This refers to the strength of interactions and connections between different regions of the brain.

"We showed that when writing by hand, brain connectivity patterns are far more elaborate than when typewriting on a keyboard," said Professor Audrey van der Meer, a researcher at NTNU.

words in cursive using a digital pen on a touchscreen. They were then asked to type the same words with a single finger on a keyboard.

"Our findings suggest that visual and movement information obtained through precisely controlled hand movements when using a pen contribute extensively to the brain's connectivity patterns that promote learning," Vander Meer said.

"This also explains why children who have learned to write and read on a tablet can have difficulty differentiating between letters that are mirror images of each other, such as 'b' and 'd'," she said. "They literally haven't felt with their bodies what it feels like to produce those letters."

The study said that as children grow from an early age to the way we read to the way we write in school to establish the neuronal connectivity patterns that provide the brain with optimal conditions for learning. Although it is vital to maintain handwriting practice at school, it is also important to keep up with continuously developing technological advances." University students may find it is better to take notes by hand while learning, but may wish to switch to a computer when composing longer pieces of work, Vander Meer said. "There is some evidence that students learn more and remember better when taking handwritten lecture notes, while using a computer with a keyboard may be more practical when writing a long text or essay."

A 2009 study from the University of Washington showed that primary school students who wrote with a pen not only wrote more, but also wrote faster and in more complete sentences.

CRUCIAL FOR MEMORY FORMATION AND ENCODING
NEW INFORMATION

the system

out there and work to build this campaign, and it's individual, not corporate. It's not about money from people chipping in a few bucks online to house parties. It's about the organization as a part of the strategy.

I wish we were in a different system, and I'll work to bring that system. We need to be strategic before these purity tests, first of all. The organization at Trump, and we're clear on why we're doing this.

Do you see a difference between you and dates on health care and as a difference between what's possible and what's utopia?

I also think it's a better policy. What I think makes our health care approach better is that it cooks in some humility to the policy because, basically, if you're saying that we're going to throw a switch and put everybody on the public plan, or even if you're saying that we're going to wait, but on a certain date, we're going to throw everybody on that plan, you're assuming a lot about your ability to decide what's going to work for people. It's precisely because I believe that a public plan can probably be the right answer for everybody that I'm willing to put it out there and let folks decide for themselves. On

I think my view is more conservative. It's more progressive in the dollars, but it's the biggest

That was the main thing that I felt like was missing. I understood it from working on it, but I didn't understand it as much as you would familiarize yourself with it academically about history, culture, philosophy, and economics. But having any professional responsibilities related to understanding a balance sheet or how money and goods move around the world -- I didn't have that. That felt like a gap.

You've talked about McKinsey recommending job cuts at Blue Cross Blue Shield two years

as mayor you could only do so much with the police.

I try to be very clear about what I was responsible for. Look, at the end of the day, when you're the mayor, you're responsible for the city. I held myself responsible even for trying to at least be helpful in areas where I had no formal control, like the schools. With McKinsey, the idea that I took down Blue Cross Blue Shield in my first few weeks. Right, I thought it was meaningful that I worked at a firm responsible for providing an analysis. But it's been a little fanciful to see what people are extrapolating from

well, with older Democratic primary voters, yet struggling with roughly the people of your generation or slightly younger. Is that a challenge?

We've always found that older voters are more likely to respond to me as a younger candidate. In South Bend we found that I don't know all the reasons for. One of them, I think, is that age and experience may be a little demystified when you're older. There may be more impatience with one generation holding an office for a long period of time. That impatience is greatest, actually, among those who were from

because we deal with the reasons that the people's minds. This spring, after people started pointing out your lack of support among African Americans. Do you

Yeah, of course.



YOUTH VOTE I want to make sure that young progressives, or any progressives, hear the message that I would be the most progressive president in their lifetimes.

How do you think that applies to you now, whether you're a senator, I'm

Everybody else is talking about the future. But if you're not getting every move perfectly in order to go on to become president and you're a Democrat, you don't

move home to Indiana. I'm optimistic, but not delusional. Not that it hadn't crossed my mind that I'd run for office, but I wound up running for office on an extremely uphill path. I didn't care about the issues. After I ran in that race,

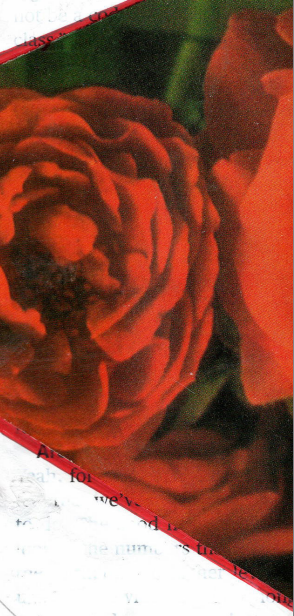
I ran for office. I could be useful. So this idea, if I were to run for office, I would be useful. I would be useful. I would be useful.

the polling is not precise, but it's at least the

that generation, and they're going to watch their kids and grandkids pick up the ball and run with it. Part of it may be ideology, although I want to make sure that young progressives or any progressives hear the message that I would be the most progressive president in their lifetimes.

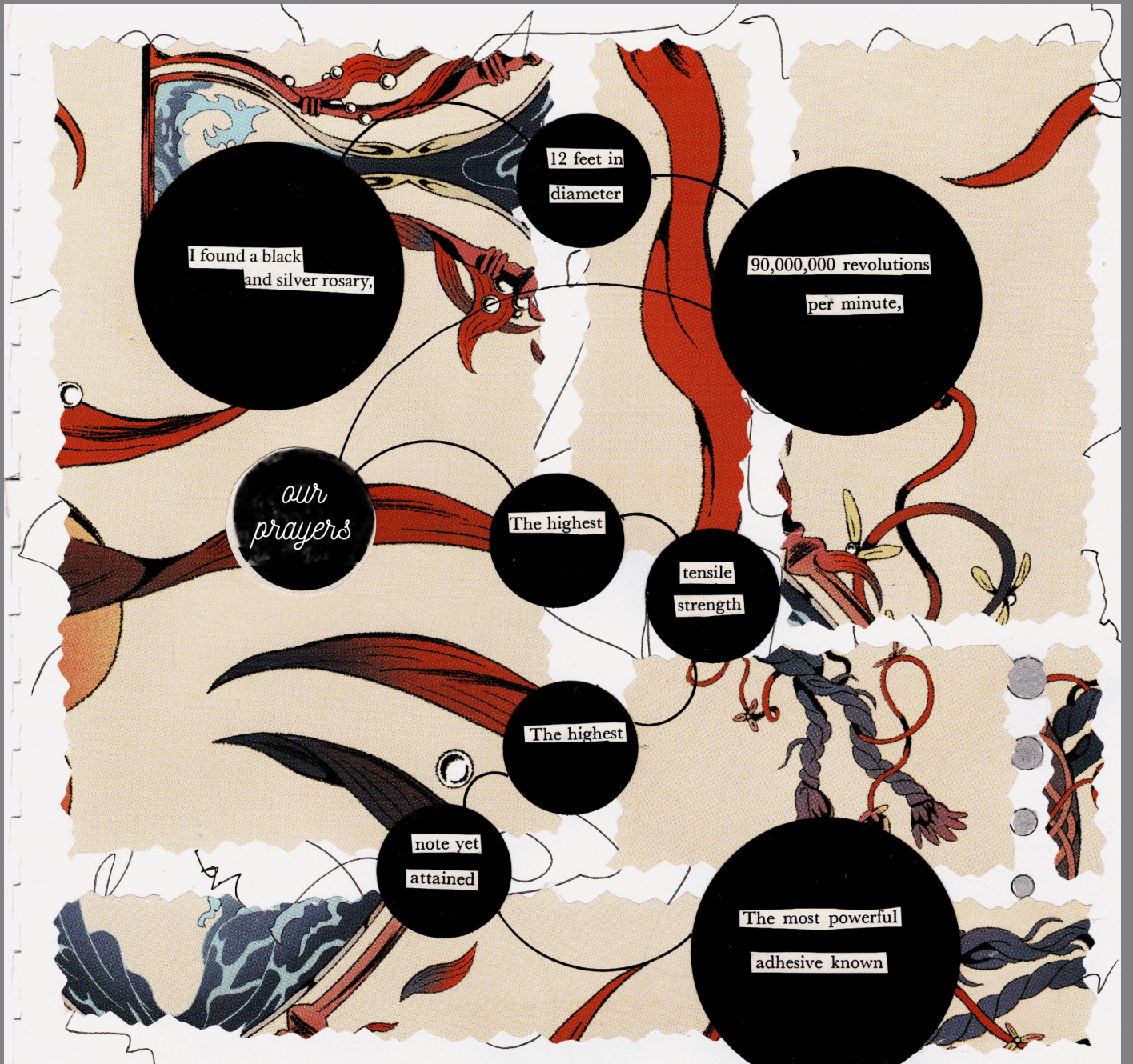
What is the most important issue facing the country?

The big picture that I'm concerned with is belonging. It's unity, and when I say unity, I don't mean everybody agreeing on policy. I mean transcending every political disagreement. I don't necessarily mean shooting the middle ideologically, either. What I'm talking about is just a sense that, even when you don't agree with a president, you still view that president as belonging to the same country. There is a way to have the courage of our convictions and also try to understand people who view the world differently. So are there issues that



you talk about saying you're a to-be former Republican. "We need as many hands as we can get." Is there any work that is going on in the South and Warren voters? Look, the point for me is that we don't define this campaign based on who we reject. I'll go toe-to-toe with anybody on how progressive my plans are. Sure, some folks want to take it to extremes, but don't think it makes sense. This is plenty progressive. The whole point is that I can be clear about my values and bold in my policies and still connect with people from

COLLAGE POETRY



the sky of the sky

clanling
moost

heart
you

heart

heart

heart

heart

sun

hearts

at all

blood

lives

baby

twisting meets night

shake

bud

bud

dark frog

slip

ankles

root

smooth wood

root





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BC:1832082 **PLU 643**

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Produce of **SPAIN** AMK02 (AM)
Frutas Alhambra S.L. - Paraje Casas de Sala J-15, 03660 Novelda 779449

ASDA
READY TO EAT
TROPICAL & SWEET
LARGE MANGO
7731
5 518429 >
: 0861-AGCT

WATERMELON
AMK01 CPF
102 1392 >

TESCO
GIANT MANGO
100g

HONEYDEW

Red Grapefruit
0320

TESCO
SWEDE
400g
0331 5965 >

TESCO
AUBERGINES

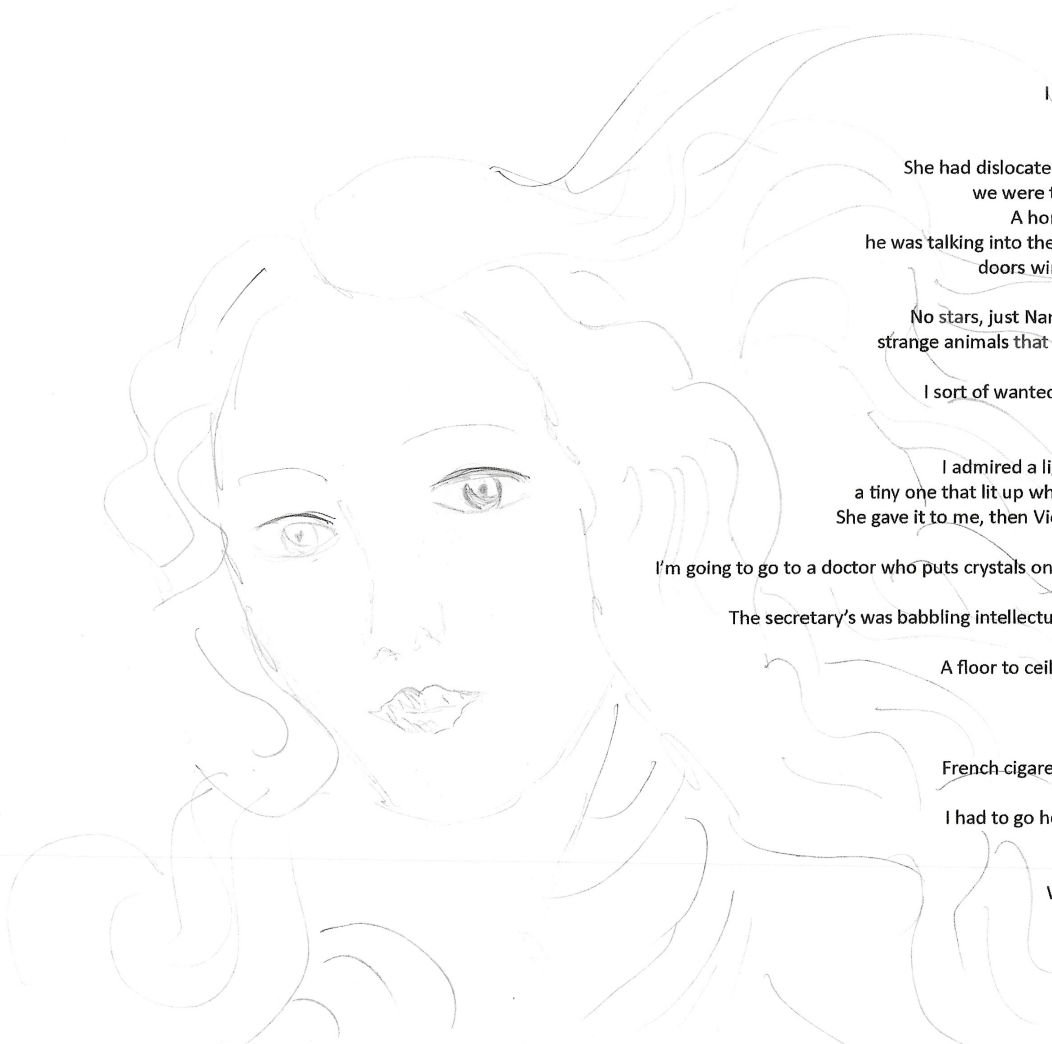
M&S
organic
Fairtrade bananas
— Minimum of 5 —

TESCO
SMALL BANANAS
SOFT & SWEET

my shopping list

Pink Lady
#428

TAKEN AWAY FROM THE MONKEY



It's a backwards soup can
I just don't remember doing it
although it looks like I did

She had dislocated her back 'sleeping' she said
we were trying to figure out with who.
A horse fell on top of Peter and so
he was talking into the microphone, like a rock star
doors windows and now an escalator!

No stars, just Nancy Reagan and the president
strange animals that give off the wrong hormones
at the Fun Gallery
I sort of wanted to stay and kiss the old bags
X-Rays

I admired a light bulb she had in her purse
a tiny one that lit up when you put a penny next to it
She gave it to me, then Victor liked it so I gave it to him

I'm going to go to a doctor who puts crystals on you and it gives you energy .
It gives you 'powers'.
The secretary's was babbling intellectually, blinking like a light show
It's a new building
A floor to ceiling glass window with a view

Why yes I'm rather tired
French cigarettes, champagne, love letters
Rain
I had to go home to my horrible home life

I guess it's like a mother.
Well, I'm in that category too.

Black tie
Making a robot

Root of the root
(in the manner of Bukowski)

Fear leads to anger,
anger leads to expensive stockings,
expensive stockings lead to walking the sidewalks,
walking the sidewalks leads to
hate.

Hate rubbing up against the good business.
Hate trained by the salesman who commends you.

Hate of the sky.
Hate of the sky leads to more suffering,
more suffering of the scavenger girl.

Dress, undress
Sleep, eat.

Centuries slip down
our ankles.

COMPACT POETRY

w r i t i n g l i n e s

!reafreafreafreafreafreafreafreafreaF
!reafreafreafreafreafreafreafreafreaF
!reafreafreafreafreafreafreafreafreaF
!reafreafreafreafreafreafreafreafreaF
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Reverse when acknowledged

CONCRETE & VISUAL POETRY



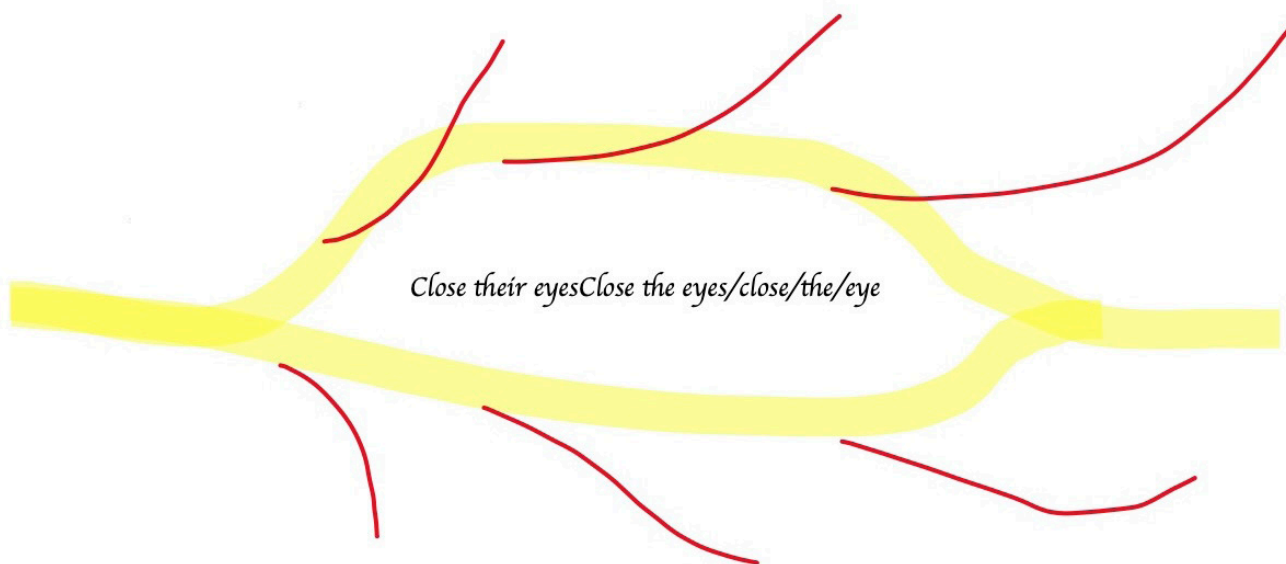
DAY . NIGHT .
DAYLIGHT
DARK NIGHT
DARK KNIGHT
ST ALING
BRIGHT STAR

| | |
|---------------|------------|
| I'm unable to | get him |
| I'm unable to | get him |
| I'm able to | get him |
| I'm able to | get him |
| I'm able to | get him |
| I'm able to | get him |
| I'm able to | get him |
| I'm able to | get him |
| I'm able to | get him |
| I'm able to | get him |
| I | get him |
| I | get him |
| I | get him |
| I G E | t him |
| I | get him |
| I | get him |
| I ge | t him |
| | get him |
| I | get him |
| I | get him |
| I | get him |
| I | get him |
| I'm unable to | forget him |
| I'm unable to | forget him |
| I'm unable to | forget him |

CLOAK^^

Snow. Sequoia / quoia / bluewhite stomata, sparrows on ice

YES*



Close their eyes

NO*

a b r a c a d a b r a

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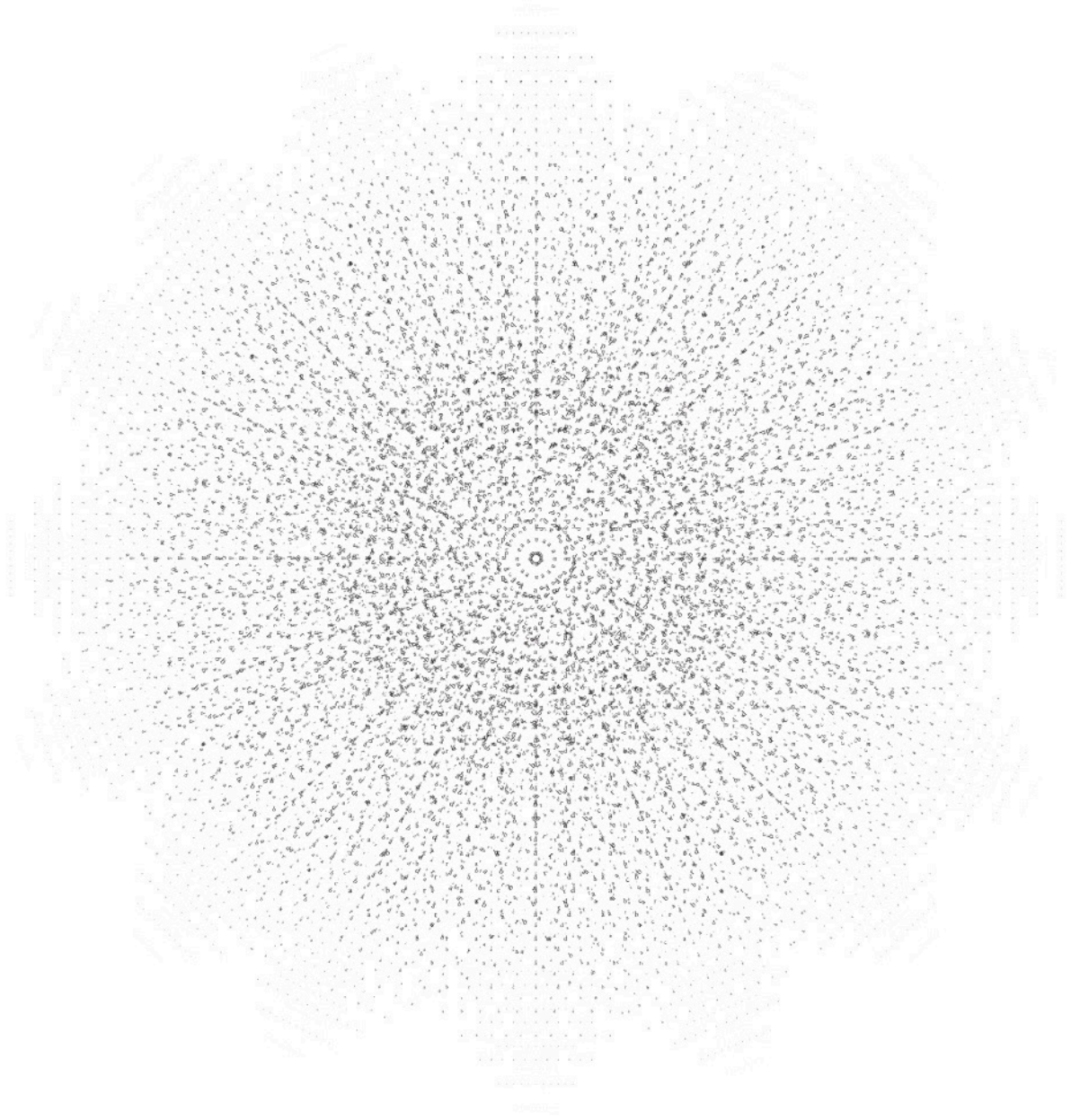
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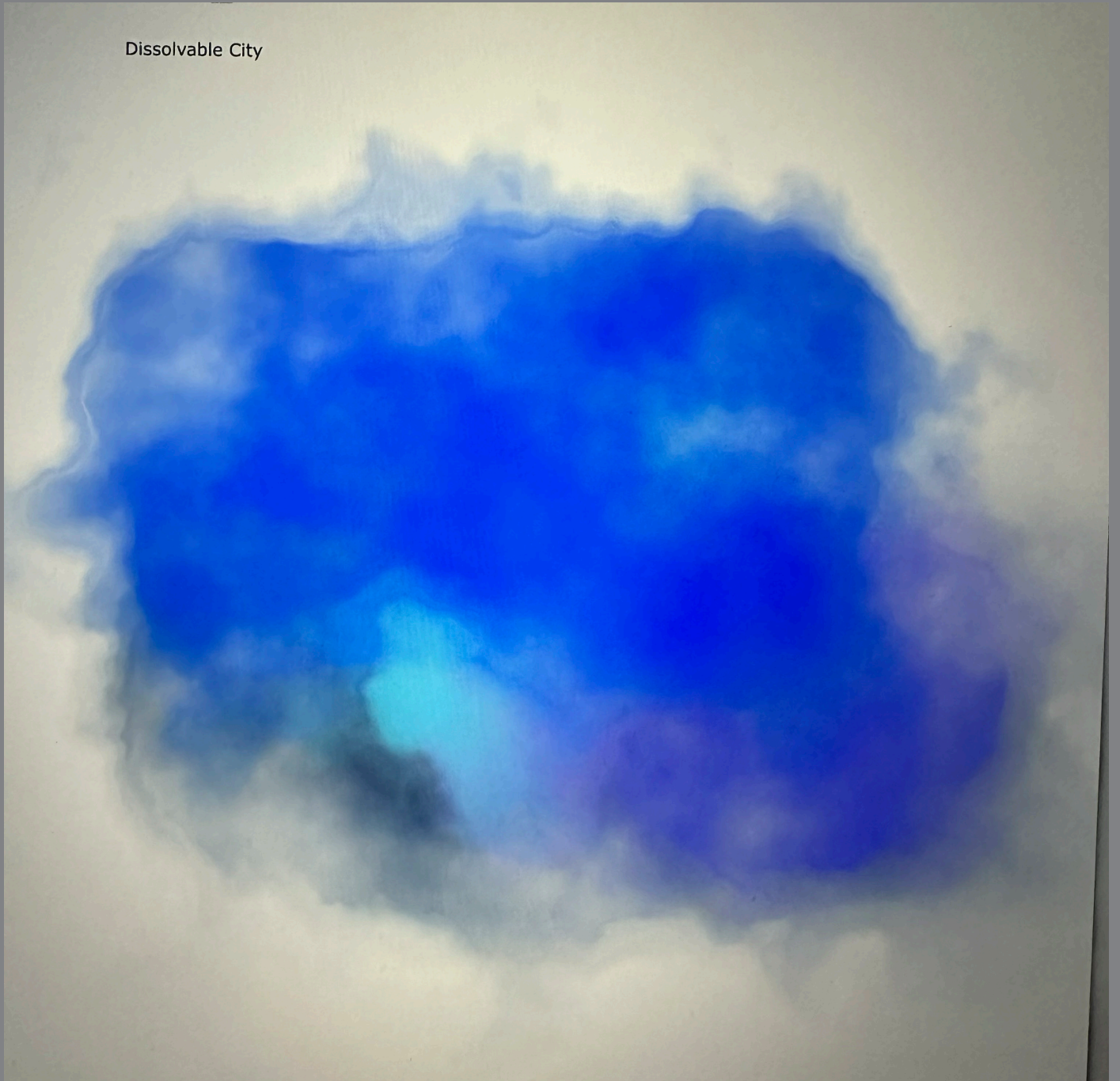
a b r a c a d a b r a

a b r a c a d a b r a

a b r a c a d a b r a



Dissolvable City



Ruby interrupts= the meeting

```
§§§§§§§§r3ty6il9]=1flflflfle11le11ty§dd§§§§§§§§3$t6u8l8l00'  
[-=]1w2w23e34r5t56y6u7i8o89o9p9p0
```

Watchers

[-] [-] [-] [-] [-] [-]
[-] [-] [-] [-] [-] [-]
[-] [-] [0] [] [-] [-]
[-] [-] [-] [-] [-] [-]
[-] [-] [-] [-] [-] [-]

Talkers

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oo^o a O
o O
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o
o
o

b l o o^o m
=====

WE ARE HERE
HERE WE ARE
WHYRWEHERE

PATRIARCHY
PATRIARCHY
PATRIARCKY
TRI CK
TRI CKY
PA

A^RIA [INTERLUDE]

MA

MATRIARCH
MATRIARCHY
MAR CH
M R H

A

C

M

R

H

A

C

M^A

R^C

H

M^A

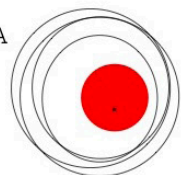
R^C

H

M^A

R^C

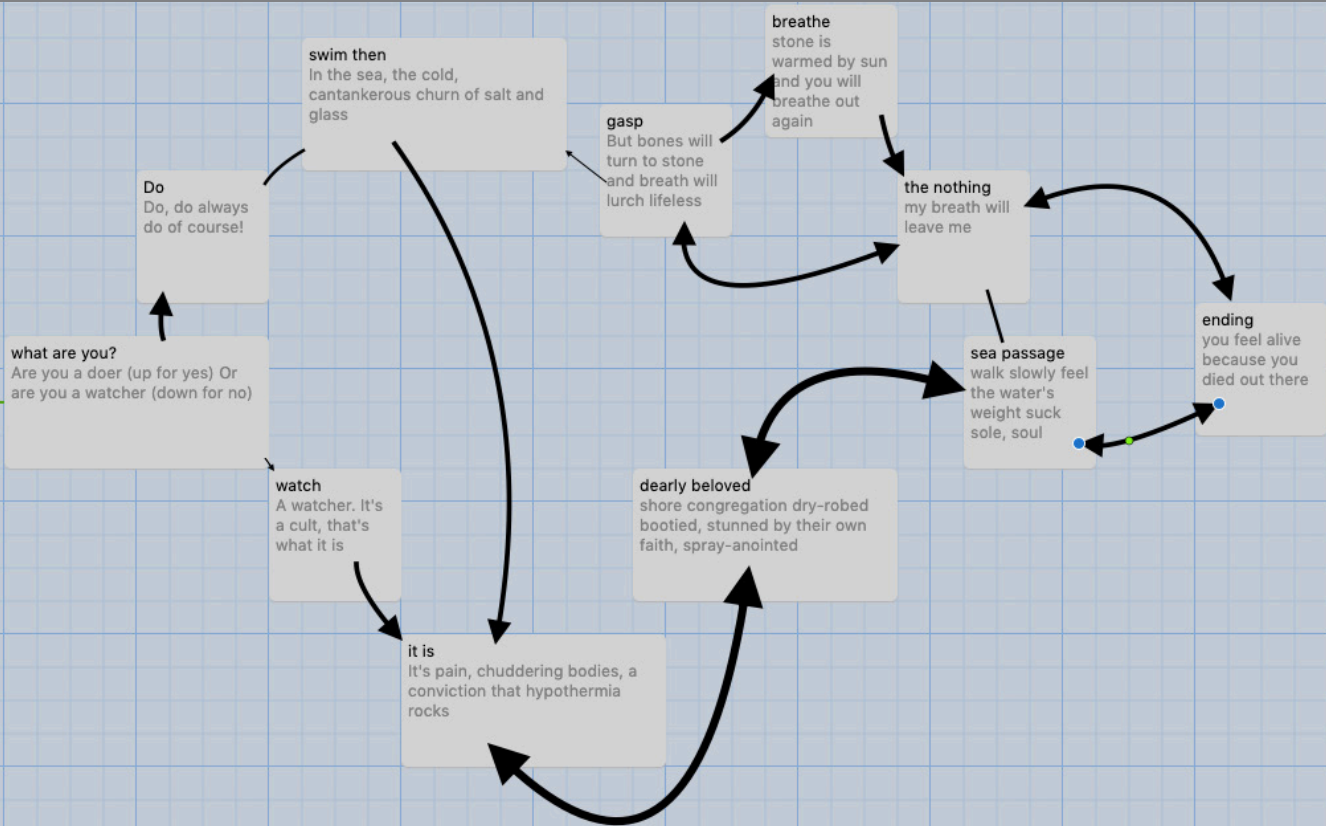
M^A





INTERACTIVE EXPERIMENTS

**(follow a route and choose
your adventure)**





Untitled Passage
(YOU)ENTER
(text-colour:red)+
(bg:black)
[[ZOO]] (text

ZOO
(text-colour:yellow)
[[[ARE YOU GOING TO FEED or]]
(text

or FARM
(text-colour:green)+
(bg:white)[[NO FURTHER OPTIONS]

ARE YOU GOING TO FEED or
(text-colour:purple)+
(bg:black)
[[LIONS WITH

ARE YOU GOING TO PLAY?
Double-click this passage to edit it.

LIONS WITH MEAT or
Double-click this passage to edit it.

MONKEYS WITH BANANAS
(text-colour:white)+
(bg:black)[[DO YOU LIKE IT?]]

DO YOU LIKE IT?
Double-click this passage to edit it.

or DISLIKE IT?
[NO FURTHER OPTIONS]

Desert light

sand-wind

why do you sing
how do you cry
who visits you

I was a blade of grass
whistle blue
silver cactus

I feel your phantom curve

Bleak and blind
finches seek shade

hundreds of mistaken stars
scuffling underworld

morning dew

dream in friendship
what do you fear

a stressed and wasted land
red and yellow death

my thirst

ruby grey longhorns

what is it to you
why so harsh
what have you learned

I am desert people
warmth and war
time is life

life is a bloom

What if blooms are illusion
Secrets in your swollen arms

simmering raw opals
enter my mouth a million seeds

how many will survive

my laughter is your succulence

silence in despair
who cares whose tears

what gnome ignores your heart
mars and ethereal moon

who brought you here
do you want more

andromeda now drone
suckers and milk

*if I grieve smother with love
and if I love*

POETRY
SCHOOL